

Rec Min Message

Christmas Pressures and Christmas Treasures

Christmas. We all know the real reason for the season of Christmas. It is a time to immerse ourselves into the acknowledgment of, the teaching of, and the celebration of the birth of Jesus. There is no greater event in the history of mankind. This is the one true treasure.

Christmas. We plan months in advance. Most of the planning is what decoration theme to have, what gifts to buy for what person, what dinners to host, when to have the party, what parties to attend, and how you can get from point A to point B without going broke or disappointing someone. We have to have that perfect festive dress or suit for our babies, the matching family outfits and the best photographer with the best backdrop. Finding the perfect gifts that will light up the faces of our children and having enough gifts for our children so they will feel the magic of Christmas. Finding a meaningful gift for our spouse, our parents who have everything, the babysitter, co-workers, and the list goes on. These are the pressures.

In all those pressures you will find treasures. The fellowship we have at parties with family, friends and co-workers give us warmth and togetherness outside of the regular everyday life. The heartfelt feeling of seeing your children's faces explode with joy when they see their favorite toy. The sight of the beautiful family photo on a Christmas

card as you put it in the mail. The love we have for the people we spend our time with and the joy we find in being together in the season of all that is Christmas is irreplaceable. Teaching your children throughout the season the real reason we celebrate this time of year is a great treasure.

Remember, even though we know the real reason for Christmas, we want this to be the foundation of all that we do to celebrate. Make that your purpose for all that you do. Remember, throughout the pressures, find the treasures because they are there because of Him.

Marcia Gibney,
Director of Recreation Ministry



Fun Christmas Games for Kids

- **20 QUESTIONS: CHRISTMAS EDITION 2+ Players.**
- **CANDY CANES (Holiday 'Spoons') 3+ Players. ...**
- **SANTA LIMBO. 3+ Players.**
- **CHRISTMAS CAROL Pictionary. 4+ Players.**
- **CHRISTMAS CHARADES. 4+ Players.**
- **CHRISTMAS MEMORY GAME. 2+ Players.**

- **FAMILY FEUD CHRISTMAS. 5+ Players.**
- **STOCKING GUESSING GAME. 4+ Players.**

For more fun ideas, go to shutterfly.com!

Rose Farnell,
Sports Activities
Minister



Recreation Info

Recreation includes indoor walking track, fitness room and basketball gymnasium as well as regular *fitness classes. All participants should complete a registration card in order to participate in any area of recreation. The Fitness Room requires a one-time orientation, given Mon/Tues/Thurs/Fri at 5:30pm.

The basketball gym is reserved for CUMC Members and visitors who regularly attend services and 3 of their guests. Children under 18 must have a parent/guardian signature on their registration card. Children under 14 must have a parent/guardian present in recreation.

Recreation Activities

- **Pickleball—\$3 per day or purchase a 6-day card for \$15. Tues & Thurs. 12:30-3:30pm, Thurs 5:30-7:30pm, Sat. 9am-12pm**
- **Sit & Get Fit—Free Class. Mon/Wed/Fri 9:30am**
- **Circuit Walk—Free Class. Tues/Thurs 1:20pm**
- **Yoga—\$5 per class or purchase a 6-class card for \$25. Mon/Thur 6pm, Tue/Thur 9am**

**Volleyball & Baseball
Registration**

Coming next month...

December 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Sit & Get Fit 9:30am Mar- cantonio 12:30pm Gym Closed Celbration	2 Basketball Celebration 9am -12pm
3	4 Sit & Get Fit 9:30am Mar- cantonio 12:30pm Basketball Practice Yoga 6pm	5 Meduna 6am Yoga 9am Pickleball 12:30pm Basketball & Cheer Practice	6 Sit & Get Fit 9:30am Mar- cantonio 12:30pm	7 Meduna 6am Yoga 9am/6pm Pickleball 12:30pm Circuit Walk 1:20pm	8 Sit & Get Fit 9:30am Mar- cantonio 12:30pm Basketball Games	9 Basketball Games
10	11 Sit & Get Fit 9:30am Mar- cantonio 12:30pm Basketball Practice Yoga 6pm	12 Meduna 6am Yoga 9am Pickleball 12:30pm Basketball & Cheer Practice	13 Sit & Get Fit 9:30am Mar- cantonio 12:30pm	14 Meduna 6am Yoga 9am/6pm Pickleball 12:30pm Circuit Walk 1:20pm	15 Sit & Get Fit 9:30am Mar- cantonio 12:30pm Basketball Games	16 Basketball Games
17	18 Sit & Get Fit 9:30am Mar- cantonio 12:30pm Basketball Practice	19 Meduna 6am Yoga 9am Pickleball 12:30pm Basketball & Cheer Practice	20 Sit & Get Fit 9:30am Mar- cantonio 12:30pm	21 Meduna 6am Yoga 9am/6pm Pickleball 12:30pm Circuit Walk 1:20pm	22 Sit & Get Fit 9:30am Basketball Games	23 Basketball Games
24	25 Recreation Closed	26 Recreation Closed	27 Recreation Closed	28 Yoga 9am/6pm Pickleball 12:30pm	29 Sit & Get Fit 9:30am	30
31						